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DIVISION OF ADOLESCENT AND SCHOOL HEALTH (DASH)

Summary of Surveillance Activities



DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION





Summary of Surveillance* Activities

Division of Adolescent
and School Health



Purpose	Youth Risk Behavior Surveillance System (YRBSS)			School Health Policies and Programs Study (SHPPS)	School Health Profiles (Profiles)
	National YRBS	State/District YRBS	Other YRBS		
Purpose	<ul style="list-style-type: none"> ■ To determine the prevalence of health-risk behaviors among students ■ To assess trends in these behaviors ■ To examine the co-occurrence of health-risk behaviors 			To provide national data on eight components of a school health program at the state, school district, school, and classroom levels	To provide data on health policies and activities at schools for states and large urban school districts
Content	<ul style="list-style-type: none"> ■ Unintentional injuries and violence ■ Tobacco use ■ Alcohol and other drug use ■ Sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases, including HIV infection ■ Unhealthy dietary behaviors ■ Physical inactivity 			<ul style="list-style-type: none"> ■ Health education ■ Physical education ■ Health services ■ Mental health and social services ■ Food service ■ School policy and environment ■ Faculty and staff health promotion ■ Family and community involvement 	<ul style="list-style-type: none"> ■ School health education requirements and content ■ Physical education requirements ■ Asthma management activities ■ Food service ■ Competitive foods practices and policies ■ Family and community involvement in school health programs ■ School health policies on HIV and AIDS prevention, tobacco-use prevention, violence prevention, and physical activity
Sample	Nationally representative sample of public and private high school students	Representative sample of public high school students in a state or school district	Representative samples of students in: <ul style="list-style-type: none"> ■ Middle schools ■ Alternative schools ■ Navajo Nation schools ■ Bureau of Indian Affairs schools ■ Juvenile justice facilities ■ College 	<ul style="list-style-type: none"> ■ All states ■ Nationally representative sample of school districts ■ Nationally representative sample of public and private elementary, middle/junior high, and senior high schools 	Representative samples of public middle/junior high and senior high schools in a state or school district
Methods	Self-administered paper-and-pencil questionnaires, conducted in classrooms			Computer-assisted telephone and personal interviews	Self-administered, mailed questionnaires
Timing	Biennially, since 1991		Varied	Every 6 years, since 1994	Biennially, since 1994
Example Statements	In 2003, 56.1% of Hispanic female high school students in the U.S. attended physical education class one or more days during an average school week.	In 2003, 25.8% of female high school students in Kentucky attended physical education class one or more days during an average school week.	In 1995, 20.8% of college students were enrolled in a physical education class.	State: Among the states requiring physical education in 2000, 52.5% allow exemptions from physical education for middle/junior high school students. District: In 2000, 73.0% of districts in the United States required senior high schools to include lifetime physical activities in their physical education program. School: In 2000, 51.5% of schools in the United States required 4th grade students to take some physical education.	In 2004, 96.2% of secondary schools in Massachusetts required physical education in any of grades 6-12.
Ownership of Data	CDC	States and districts	Varied	CDC	States and districts
Contractor	ORC Macro	Westat, Inc., plus companies hired by states and districts	Varied	ORC Macro	Westat, Inc., plus companies hired by states and districts
Web Site	www.cdc.gov/yrbs			www.cdc.gov/shpps	www.cdc.gov/healthyyouth/profiles

*Surveillance is the ongoing collection, analysis, and interpretation of data from generalizable samples.